

FAINTING AND DIZZY SPELLS

The Cause of such Symptoms and Remedy Told in This Letter.

Syracuse, N. Y.—"When I commenced the Change of Life I was poorly, had no appetite and had fainting spells. I suffered for two or three years before I began taking Lydia E. Pinkham's Vegetable Compound and the Liver Pills which I saw advertised in the papers and in your little books. I took about twelve bottles of your Vegetable Compound and found it a wonderful remedy. I commenced to pick up at once and my suffering was relieved. I have told others about your medicine and know of some who have taken it. I am glad to help others all I can."—Mrs. R. E. DUBOIS, 437 W. Lafayette Ave., Syracuse, N. Y.

While Change of Life is a most critical period of a woman's existence, the annoying symptoms which accompany it may be controlled, and normal health restored by the timely use of Lydia E. Pinkham's Vegetable Compound.

Moreover this reliable remedy contains no narcotics or harmful drugs and owes its efficiency to the medicinal extractives of the native roots and herbs which it contains.

Don't Neglect Your Skin

Ladies—A few days' treatment with CARTER'S LITTLE LIVER PILLS will do more to clean up the skin than all the beauty treatments in creation. An imperfect complexion is caused by a sluggish liver. Millions of people, old, young and middle age, take them for Biliousness, Dizziness, Sick Headache, Upset Stomach and for Sallow, Pimply and Blochy Skin. They end the misery of Constipation.



WATCH THE BIG 4

Stomach-Kidneys-Heart-Liver Keep the vital organs healthy by regularly taking the world's standard remedy for kidney, liver, bladder and uric acid troubles—

GOLD MEDAL HARLEM OIL

The National Remedy of Holland for centuries and endorsed by Queen Wilhelmina. At all druggists, three sizes. Look for the name Gold Medal on every box and accept no imitation.

Acid Stomach for 10 Years

NOW A DIFFERENT WOMAN Earnestly Praises Eaton's

"My wife was a great sufferer from acid stomach for 10 years," writes H. D. Crippen, "but is a different woman since taking Eaton's." Sufferers from acid stomach—let Eaton's help you also. It quickly takes up and carries out the excess acidity and gases and makes the stomach cool and comfortable. You digest easily, get the full strength from your food, feel well and strong, free from bloating, belching, food repeating, etc. Big box costs only a trifle with your druggist's guarantee.

BIG ULCER ALL HEALED

"Here is another letter that makes me happy," says Peterson, of Buffalo. "One that I would rather have than a thousand dollars."

"Money isn't everything in this world. There is many a big hearted, rich man who would give all he has on earth to be able to produce a remedy with such mighty healing power as Peterson's Ointment, to sell at all druggists for 50 cents a large box."

Dear Sirs:— "I was an untold sufferer from old running sores and ulcers. I had tried most everything without any relief from pain. A friend told me of your wonderful ointment and the first box took away the pain that had not left me before in years, and after using just nine dollars' worth of the salve I am cured. The ulcer was 5 inches by 6 inches, is all healed and I can walk. Never, never will I be without Peterson's again."

"You may use this to recommend your ointment, if you wish. I cannot say enough to praise it." Yours truly, Mrs. Albert Southcott, Medina, N. Y. Mail orders filled by Peterson Ointment Co., Inc., Buffalo, N. Y.

Use MURINE Night Morning Keep Your Eyes Clean—Clear and Healthy Write for Free Eye Care Book Murine Co., Chicago, U.S.A.

W. N. U., SIOUX CITY, NO. 45-1920.

CHINA TAKES UP WALNUT GROWING

Its Cultivation and Sale the Main Support of Hundreds of Villages.

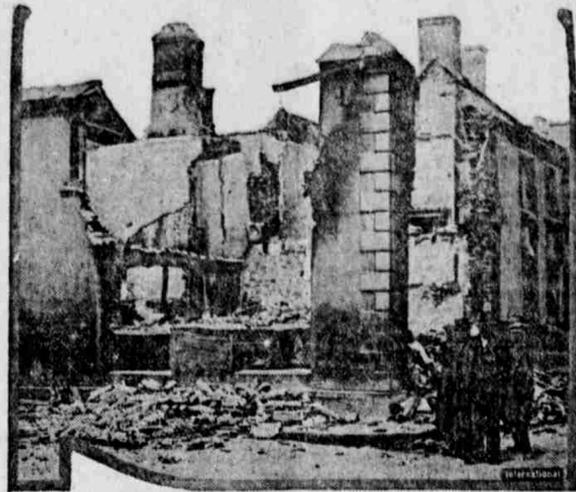
\$1,887,491 WORTH SENT HERE

George E. Young of Shanghai Says the Chinese Will Soon Be Competitors in Textiles—Take Interest in Their Lands.

New York.—Following the importation of walnuts to China by the early missionaries the Chinese developed this industry so carefully that it has now reached tremendous proportions, according to George E. Young of Shanghai, China, who has been in the Orient ten years. Mr. Young said that the Chinese are growing more and more interested in their lands and considerable development will be seen during the next few years.

"The cultivation and sale of the walnut, which was first brought to China by the American missionaries, now supports hundreds of Chinese villages," said Mr. Young. "The methods of preparing the nuts for market are most primitive, but as labor is cheap they are able to send them to this country and compete favorably with the domestic market. For the American market they use only the highest grade nuts. They select the bright colored and shiny nuts and they are bleached, sorted and packed according to grade. Those of specked and inferior shells are cracked and the meat is packed for confectionery purposes. This cracking is now done by hand because the only walnut

After Balbriggan Was Sacked



Scene in Balbriggan, Ireland, after it had been raided and sacked by auxiliary British forces in reprisal for the murder of two police officers there by the Sinn Feiners.

cracking machine is owned and operated with greatest secrecy by walnut growers in this country.

Chinese Waste Nothing.

"The economical bent of the Chinese is given full play in the walnut growing industry. They utilize every particle of the product. When the crop is gathered the husks are beaten off the nuts and are buried in wet earth to rot for fertilizer. The nuts are delivered to the ports through various agencies, the original grower getting an insignificant part of the price realized for them.

"The Manchurian walnut has a harder shell than the product of this coun-

try. The shells of the inferior appearing walnuts, which are cracked before shipment, are used for fuel, and on account of the large proportion of oil they contain they make an excellent fuel. The Manchurian walnut commands a special advantage in the confectionery making trade because of superior flavor and texture of the meat.

"This spring the price quoted to American importers for delivery at San Francisco was as high as 29 to 32 cents, including cost, insurance and freight, with the transpacific shipping rate at \$17.50 per ton. The quotations are now around 25 cents. The whole nuts are shipped in 100-pound bags of burlap which are made in India. The walnut meat is very carefully wrapped in paper and packed in wooden boxes to keep out moisture, which is likely to produce mold. In the United States the walnuts are placed in cold storage, which preserves their freshness, preventing drying, and the crop which we ship the last of June does not get on the market here until some months later."

Handicapped by Superstition.

Mr. Young pointed out that according to the last issued bulletin of the Department of Commerce for May, 1920, 10,121,881 pounds of walnuts came to the United States from China in the 11 months ended with May, and their value was \$1,887,491. He says that the Chinese are still greatly handicapped by their old superstitions. After the age-old practice of having all streets and passages irregular so that the evil spirits cannot find their way, they are laying out their farms in patchwork order, making the roads rather difficult for anyone not familiar with the locality.

"There is a large and growing market in China for every kind of machinery," said Mr. Young. "This is particularly true of machinery used in the textile industry. The Chinese are going to be competitors of the whole world in textiles. When a Chinaman figures out anything and decides to adopt it in his business he is not content to stop there. He is buying machinery now for every process in which he has learned its advantages.

"The Chinese have no feeling against the Americans, but, of course, their hatred for the Japanese grows worse. Americans in business in China are disappointed with the class of men from this country who have rushed into the oriental field in the belief that great post-war profits lie there. They are the cheapest sort of traders and they are not even intelligent in business."

Sings While They Dine; His Wife Wants Divorce.

San Francisco.—Mrs. Mary Bedig has petitioned the superior court to grant her a divorce from Moses Bedig. She charges him with singing when they dined in restaurants and with smacking his lips when they dined at home. The couple were married last May.

SERUM MAY REPLACE KNIFE

French Surgeon Reports Satisfactory Results From Experiments With Anti-gangrenous Serum.

Paris.—Treatment of appendicitis by anti-gangrenous serum instead of by operation, has been tested with such satisfactory results that it is likely operations soon will be abandoned for the disease. Prof. Pierre Delbet said in a paper read before the congress of surgery. According to Prof. Delbet the tests have extended over a period of thirteen years.

Where Was Uncle, Waiting for Train? Muncie, Ind.—When Victor Templeton received word that his uncle, Cloyd Ulrich, had been found dead at Sweet Grass, Mont., he went west for the body. The uncle, very much alive, met him at the station. A mistake had been made in the identification of a dead man.

Another Ohio Champion. Duncanwood, O.—This town offers another Ohio champion. It claims the "hot dog" honor for Jack Edgar. His best effort is 24 at one meal.

MILLION ALIENS COMING IN 1921

Federal Officials Base Their Estimates on Figures for Fiscal Year Ended Last June.

INFLUX GREATLY INCREASING

Statistics Disclose a Notable Shifting of the Sources Whence Come the New Arrivals—Mexico and Canada Furnish Labor.

Washington.—An immigration of 1,000,000 or more in 1921 is the estimate of federal officials, based on figures for the fiscal year ended June 30 last, which have just been issued. Although three months behind the tide of aliens, which has been mounting at a prodigious rate since late in the spring, the statistics disclose many significant tendencies. There has been a notable shifting of the sources whence come the new arrivals.

So far as net increase in population and the replenishment of the labor market are concerned, the year ending in June witnessed a greater movement from America to Europe than from Europe to America, just as careful observers had estimated. The total immigration from all foreign lands was 430,001, and the emigration was 288,315. The bulk of this increase in population, however, came from Mexico and Canada, labor which crossed the border.

America Lost 10,000. Aliens coming from Europe numbered 246,295; those going back to Europe 256,433, or a loss of 10,000. Before the war about 85 per cent of our immigration came from Europe, but in 1920 it was only 57 per cent. Since June, however, the rush had carried it back, and officials estimate it is again now riding at the 85 per cent mark.

At present the Mediterranean zone is sending perhaps 75 to 80 per cent of the arrivals at Ellis Island—Italy alone sending about one-half of all newcomers. Russia and the old Austria-Hungary, which before the war were sending annually more than a quarter of a million immigrants each,

Camp of the Retreating Russian Soviet Troops



View of a camp of the Russian Red Army where the troops were able to get a little rest during their retreat before the Poles.

USE "DIAMOND DYES"

Dye right! Don't risk your material in a poor dye. Each package of "Diamond Dyes" contains directions so simple that any woman can diamond-dye a new, rich, fadeless color into old garments, draperies, coverings, everything, whether wool, silk, linen, cotton or mixed goods. Buy "Diamond Dyes"—no other kind—then perfect results are guaranteed. Druggist has "Diamond Dyes Color Card"—16 rich colors. Adv.

All that man wants here below is a little more than he has.

Important to all Women Readers of this Paper

Thousands upon thousands of women have kidney or bladder trouble and never suspect it.

Women's complaints often prove to be nothing else but kidney trouble, or the result of kidney or bladder disease.

If the kidneys are not in a healthy condition, they may cause the other organs to become diseased.

You may suffer pain in the back, headache and loss of ambition.

Poor health makes you nervous, irritable and may be dependent, it makes any one so.

But hundreds of women claim that Dr. Kilmer's Swamp-Root, by restoring health to the kidneys, proved to be just the remedy needed to overcome such conditions.

Many send for a sample bottle to see what Swamp-Root, the great kidney, liver and bladder medicine, will do for them. By enclosing ten cents to Dr. Kilmer & Co., Binghamton, N. Y., you may receive sample size bottle by Parcel Post. You can purchase medium and large size bottles at all drug stores.—Adv.

When you see a man holding up a post, the post must be loose or the man tight.

A Lady of Distinction

Is recognized by the delicate fascinating influence of the perfume she uses. A bath with Cuticura Soap and hot water to thoroughly cleanse the pores, followed by a dusting with Cuticura Talcum powder usually means a clear, sweet, healthy skin.—Adv.

Any man can take a day off, but when it comes to putting it back—well, that's different.

Important to Mothers

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of *W. D. Hoagland*.

In Use for Over 30 Years. Children Cry for Fletcher's Castoria

If Adam had been wide awake he wouldn't have lost that rib.

Catarrh

Catarrh is a local disease greatly influenced by constitutional conditions. HALL'S CATARRH MEDICINE is a Tonic and Blood Purifier. By cleansing the blood and building up the system, HALL'S CATARRH MEDICINE restores normal conditions and allows Nature to do its work.

All Druggists. Circulars free. F. J. Cheney & Co., Toledo, Ohio.

Some time ago death evidently intruded his pale horse for an automobile.



An Important Letter

Cedar Rapids, Iowa.—"I have used Dr. Pierce's Favorite Prescription for one year. Before I started to take it every month I was in bed three to four days under a doctor's care. I was only 27 years old but the doctors said I would have to have an operation before I could be well. I was so tired all the time and my nerves seemed to be all gone. I could not sleep at night and had headache all the time. I quit the doctors and started to take Dr. Pierce's Favorite Prescription. I took it four times a day, and in three months I did not have to go to bed, did not need a doctor. I gained so much in the three months that my husband said 'You take that medicine for a year,' and I did so. Now I do all my housework and have never had a headache since. I sleep good, eat good, and feel good, my nerves are fine. It has been twenty-one months since I have taken the 'Favorite Prescription' and I have not had any return of the trouble so far. I recommend the 'Favorite Prescription' to every suffering sister."—MRS. NOBLE LOCKHART, 1111 I. Ave. East, SIOUX FALLS, S. D. All druggists. Liquid or tablet form.

Getting It Straight. "So Tom is not without a situation." "No, without a job—he's in an embarrassing situation."

Don't Go From Bad to Worse!

Are you always weak, miserable and half-sick? Then it's time you found out what is wrong. Kidney weakness causes much suffering from backache, lameness, stiffness and rheumatic pains, and if neglected, brings danger of serious trouble—dropsy, gravel and Bright's disease. Don't delay. Use Doan's Kidney Pills. They have helped thousands and should help you. Ask your neighbor!

A South Dakota Case

Mrs. C. A. Langhoff, Spearfish, S. D., says: "My kidneys didn't act freely enough and my limbs, feet and hands swelled. My back had a stinging pain right across my kidneys. When I was told about Doan's Kidney Pills I started taking them and got fine relief from the start. Three boxes cured me of the attack."

Get Doan's at Any Store, 60c a Box. **W. D. HOAGLAND'S KIDNEY PILLS** FOSTER-MILBURN CO., BUFFALO, N. Y.

INVENTORS: Inactive, depreciated mining of other listed securities, converted profitably into new issues, bringing higher returns. R. E. Barry, Room 1401, 66 Broadway, N. Y.

FRECKLES

Kill That Cold With HILL'S CASCARA QUININE

FOR Colds, Coughs AND La Grippe

Neglected Colds are Dangerous. Take no chances. Keep this standard remedy handy for the first sneeze. Breaks up a cold in 24 hours—Relieves Grippe in 3 days—Excellent for Headache. Quinine in this form does not affect the head—Cascara is best Tonic Laxative—No Opium in Hill's.

ALL DRUGGISTS SELL IT

When Children are Sickly

are Constipated, Feverish, Cry out in their sleep, Take cold easily, Have Headaches, Stomach or Bowel trouble, Try

MOTHER GRAY'S SWEET POWDERS FOR CHILDREN

They are pleasant to take and a certain relief. They act on the Stomach, Liver and Bowels and tend to correct intestinal disorders. 10,000 testimonials from mothers and friends of little ones telling of relief. No mother should be without a box of Mother Gray's Sweet Powders for use when needed. Ask today. At Druggists. The need of them often comes at inconvenient hours.

Used by Mothers for over thirty years. Do Not Accept Any Substitute for MOTHER GRAY'S SWEET POWDERS.

Pure, Rich Blood Will Keep Your Body Vigorous and Healthy

When impurities creep into your blood the first symptoms are usually a loss of appetite, followed by a gradual lessening of energy, the system becomes weaker day by day, until you feel yourself on the verge of a breakdown. Nearly everybody needs a few bottles of S. S. S., the great vegetable blood remedy, to cleanse out all impurities about twice a year. It is an excellent idea to take this precaution to keep the system in a vigorous condition so as to more easily resist disease to which every one is subject. S. S. S. is without an equal as a general tonic and system builder. It improves the appetite and gives new strength and vitality to both old and young. Full information and valuable literature can be had by writing to S. S. S. Co., 156 Swift Laboratory, Atlanta, Ga.